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A Case of Primary Adrenal Tuberculosis- An Autopsy Report

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Abstract

Tuberculosis (TB) is a common infectious disease in developing countries like India. A relatively uncommon site of involvement of TB is adrenal gland, which is an important cause of chronic adrenal insufficiency. Here we present a case of a 45-year-old male with no known pulmonary tuberculosis involving the adrenal glands. In the past, Mycobacterium tuberculosis (TB) infection was a major cause of adrenal failure and was associated primarily with early co-pulmonary infection. In the present era however, Addison's disease secondary to primary adrenal TB infection is somewhat rare. We describe a patient who was admitted to our hospital and was diagnosed incidentally with TB proven only following autopsy.