

Clinical Study of Hair Loss at A Tertiary Care Centre

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Abstract

Background: There are various causes of hair loss and different methods are available for evaluation of a patient presenting with hair loss. **Aims:** The study aims at analyzing various causes and pattern of hair loss. **Methods:** Patients attending the outpatient department with complaint of hair loss disorders were enrolled. Details history and examination were done. Accordingly, blood investigations and skin biopsy were advised for further evaluation. **Results:** The various causes of hair loss as determined and diagnosed on clinical examination in this study are androgenetic alopecia (25%), telogen effluvium (23.5%), female pattern hair loss (17%), alopecia areata (20%), cicatricial alopecia (7%), trichotillomania (2%), tinea capitis (3%), traction alopecia (2%), and woolly hair syndrome (0.5%). The various patterns of hair loss include diffuse (70%) and patchy (30%) and non-scarring (93%) and scarring alopecia (7%). **Conclusion:** The various causes of hair loss encountered in our study were male pattern baldness, telogen effluvium, alopecia areata, female pattern hair loss, cicatricial alopecia, fungal infection of scalp, trichotillomania, traction alopecia, and woolly hair syndrome and various patterns of hair loss being diffuse and patchy and non-scarring and scarring alopecia.