

## Prescribing Modules of Antihypertensive Agents in Tertiary Level Health Care Setting of Central India

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<http://dx.doi.org/10.18049/jcmad/222>

### Abstract

**Objective:** The present study was undertaken to analyze the prescribing modules for hypertensive patients.

**Material and Methods:** In this retrospective study, analysis of five hundred case sheets of hypertensive patients admitted in this teaching hospital was done. These case sheets were analyzed for risk stratification, treatment strategies and the drugs prescribed to control the blood pressure. **Results:** In the study population age range was between 40 to 70 years including 73% male and 27% female. Smoking was most common risk factor.

Amlodipine was most commonly prescribed drug in study. **Conclusion:** The result obtained from present study indicates that a regular therapeutic audit for analysis of drug efficacy will provide regular feed back to clinical scientists and prescribers and there by motivate and promote rational and economical antihypertensive drug therapy.