

Awareness of Sexually Transmitted Diseases [STDs] in College Students

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Abstract

Background: Sexually transmitted diseases (STDs) remain an important cause of morbidity and mortality among women in the child-bearing age. In order to institute appropriate preventive measures there is need to establish the profile of knowledge of the predisposing factors and causation of STDs, attitude to sexual practice and sexual patterns among the susceptible young people, such as university students. Therefore this study was planned to study the level of awareness of college students about the sexually transmitted diseases.

Materials & Methods: The study was carried out on 500 students of nearby colleges including of 250 male and 250 female students. Specially prepared questionnaires were administered to these participants and their responses were recorded. **Results:** All the 500 student participants' scores were recorded and analyzed in various categories like awareness about various STDs, Awareness of symptoms of STDs, awareness of features suggestive of STDs, Awareness of factors responsible for the predisposition of STDs, awareness sexual practices and awareness about the prevention of STDs. Overall, female students had better levels of awareness as compared to male students, about prevention of STDs **Conclusion:** This study focuses on various aspects awareness of STD in the college students. Education about STDs should be given early on in schools to encourage premarital screenings and hence help reduce the risk of the possible expansion of infection.