

## Outcome of Plating Versus Wiring in Surgical Management of Proximal Humerus Fractures

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### Abstract

Approximately, 4-5% of total fractures are contributed by proximal humerus fractures. They contribute to about 40% of all humerus fracture. Fracture of proximal humerus also happen to be the 2<sup>nd</sup> most common fracture after radius fracture in elderly population and 3<sup>rd</sup> most common fracture after hip fracture and radius fracture, overall. Even minor trauma can lead to proximal humerus fracture in case of elderly population due to osteoporosis, whereas high impact trauma is most frequent culprit in young population. This might be the reason why fracture dislocation is common in young population. Here we report 2 cases of proximal fracture of humerus, one treated with wiring and other with plating.